

MIKA SAV

ABOUT

Mika Sav (28) is a self-taught artist based in Sofia, Bulgaria. Her focus and main inspiration is revolving around femininity and feminine energy as the all-embracing force that creates life and brings order in the chaos. Both on Earth and in the Universe. Her artist debut was held in July 2020, within an exclusive event showcasing her first series - The Seven Chakras. She was elected a finalist in the prestigious Contemporary Art Contest - MOST, organized by Oborishte 5 Gallery and Hall. Besides her artistic side, Mika graduated Entrepreneurship in Babson College, MA and had her Masters Degree in Financial Management in the University of Bordeaux. Mika is chosen among the top young leaders within the prestigious Forbes 30 Under 30. Signature projects she is leading are the series of events Leader Talks and the coworking space - 1Hub.



THE SEVEN CHAKRAS EXCLUSIVE DEBUT

WWW.MIKASAV.COM



THE SEVEN CHAKRAS

The main focus of her artworks is the chakra philosophy, and thus the works can be seen as illustrating the cartography of inner peace. The idea of powerful centers of harmony and physiological betterment in the body stems from an ancient Hindu tradition. It is a testament to the validity of this philosophy that today, thousands of years later, the chakra practice is an established method for self-healing and inner knowledge.

Mika Sav interprets **THE SEVEN CHAKRAS** as an image of a woman. Seven ladies for the seven points of the body. These female portraits are sensual and mysterious, charged with the vibration of each chakra. The vibration itself is represented by a color. Traditionally, each of the main chakras is associated with a vivid color, and the seven together form the rainbow spectrum. After all, the world around is pure energy, living matter with different intensities and frequencies. The most direct demonstration of these oscillations are these different colors.

The artist created this series after an emotional personal loss. Provoked by mourning, Mika used her suffering for the creation of those artworks. But instead of painting her sorrows, she has created images of feminine power and inner realization. **THE SEVEN CHAKRAS** is not just an art project, but also therapy. Take advantage of this: let yourself into the rainbow, let it surround you. And when you feel a connection with a specific artwork, raise your head towards the painted lady, look her in the eyes! She will whisper the rest to you.

ROOT CHAKRA
"MULADHARA"
(IN SANSKRIT: मूलाधार)

MIKA SAV

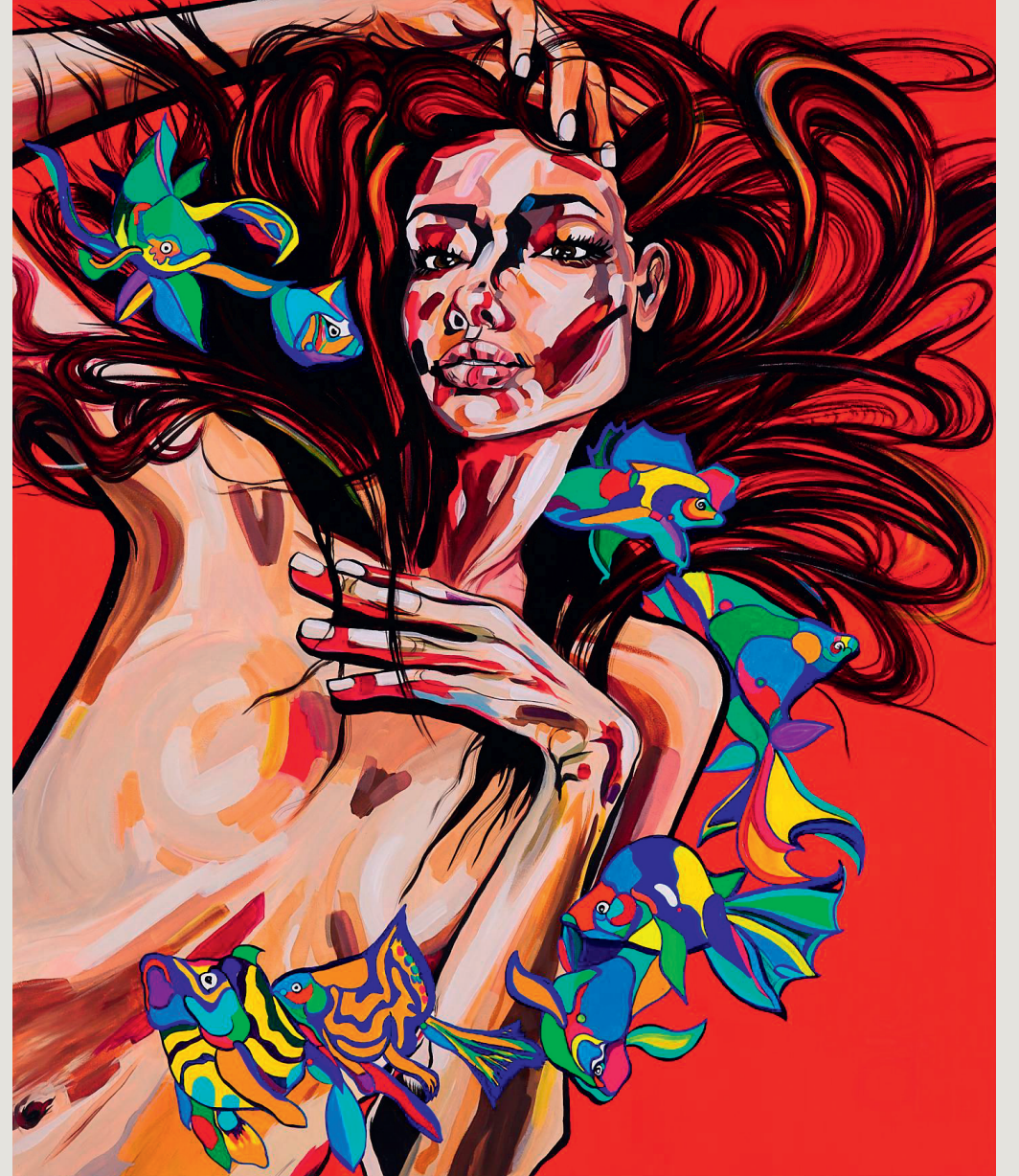
TECHNIQUE: ACRYLIC
120X100 CM
2019



SACRAL CHAKRA
"SVADHISHTHANA"
(IN SANSKRIT: स्वाधिष्ठान)

MIKA SAV

TECHNIQUE: ACRYLIC
100X120 CM
2019



SOLAR PLEXUS CHAKRA
"MANIPURA"
(IN SANSKRIT: मणिपूर)

MIKA SAV

Featured in:



TECHNIQUE: ACRYLIC
100X120 CM
2019



HEART CHAKRA
"ANAHATA"
(IN SANSKRIT: अनाहत)

MIKA SAV

TECHNIQUE: ACRYLIC
120X100 CM
2019



THROAT CHAKRA
"VISHUDDHA"
(IN SANSKRIT: विशुद्ध)

MIKA SAV

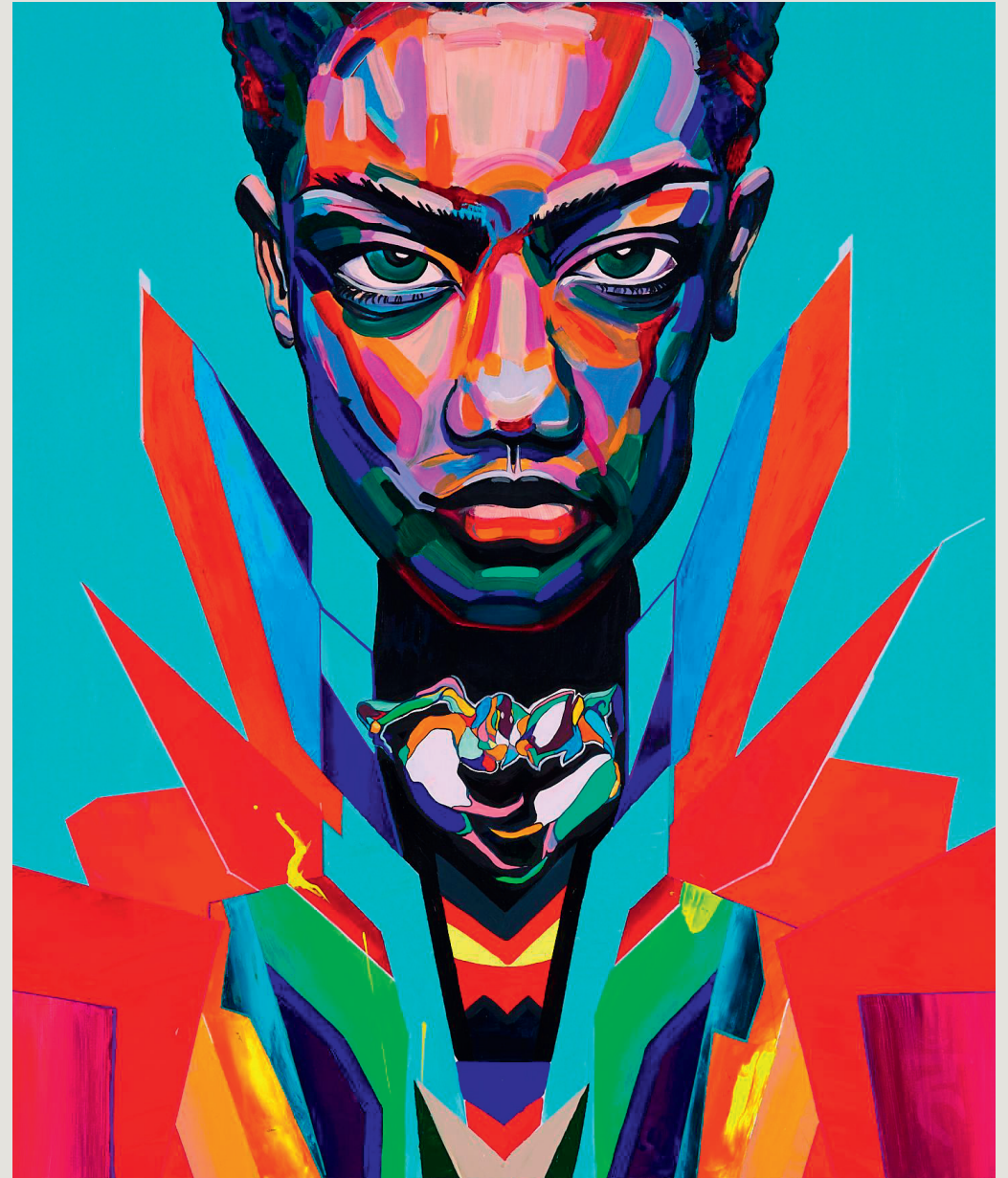
Available on:



Featured in:



TECHNIQUE: ACRYLIC
100X120 CM
2019



THIRD EYE CHAKRA
"AJNA"
(IN SANSKRIT: आज्ञा)

MIKA SAV

Available on:



TECHNIQUE: ACRYLIC
120X100 CM
2019



CROWN CHAKRA
"SAHASRARA"
(IN SANSKRIT: सहस्रार)

MIKA SAV

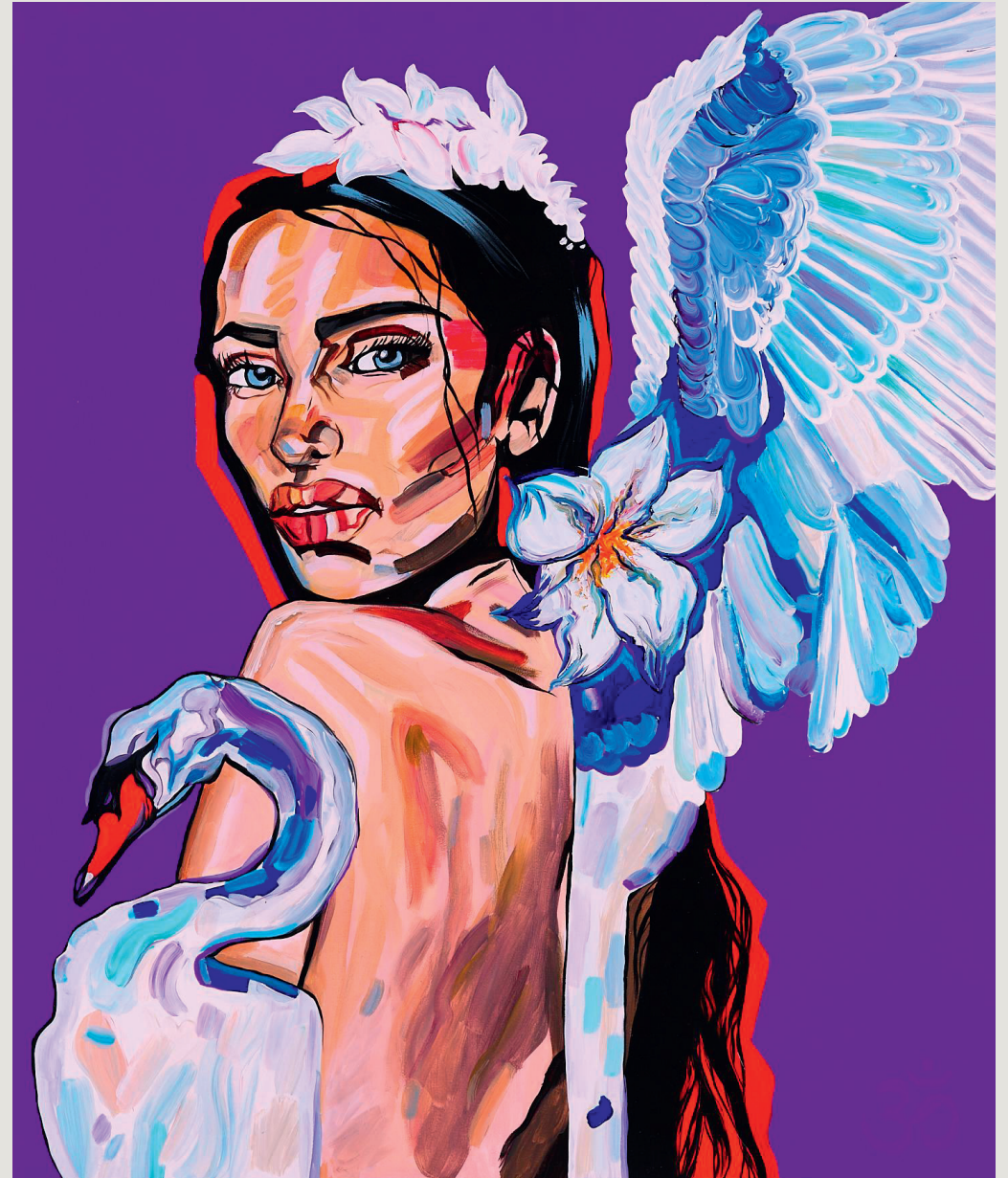
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Featured in:



TECHNIQUE: ACRYLIC
100X120 CM
2019



THE EIGHTH CHAKRA

SOUL STAR CHAKRA
"VYAPINI"
(IN SANSKRIT: व्यापिनी)

MIKA SAV

Available on:



TECHNIQUE: ACRYLIC
100X120 CM
2020



YINA & YANA

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YINA

MIKA SAV

TECHNIQUE: ACRYLIC
50X70 CM
2018



YANA

MIKA SAV

TECHNIQUE: ACRYLIC
50X70 CM
2018



INTERSTELLAR

INTERSTELLAR Collection is all about the Universe
and our endless journey as creatures of light...

VIVACOM

Art Hall
OBORISHTE 5

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THE MOON

MIKA SAV

Featured in:



BULGARIAN
CONTEMPORARY
ART CONTEST

TECHNIQUE: ACRYLIC
140X140 CM
2020



PLUTO

MIKA SAV

Available on:



TECHNIQUE: ACRYLIC
150X130 CM
2020



URANUS

MIKA SAV



TECHNIQUE: ACRYLIC
150X130 CM
2020

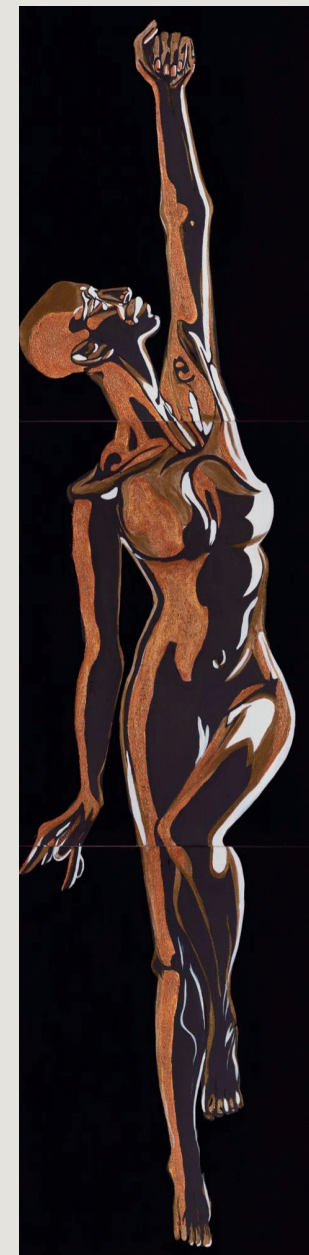
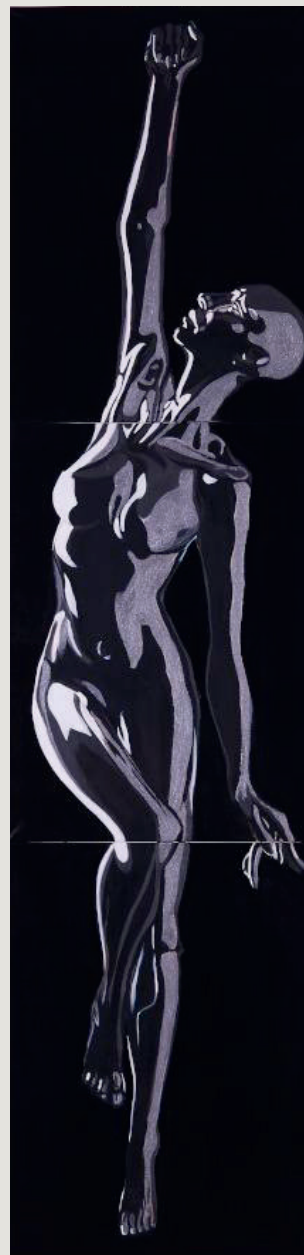
THE SILVER STAR

THE GOLDEN STAR

MIKA SAV

TECHNIQUE: ACRYLIC
60X240 CM
2020

TECHNIQUE: ACRYLIC
60X240 CM
2020



THE EARTH

MIKA SAV

TECHNIQUE: ACRYLIC
130X150 CM
2021



JUPITER

MIKA SAV

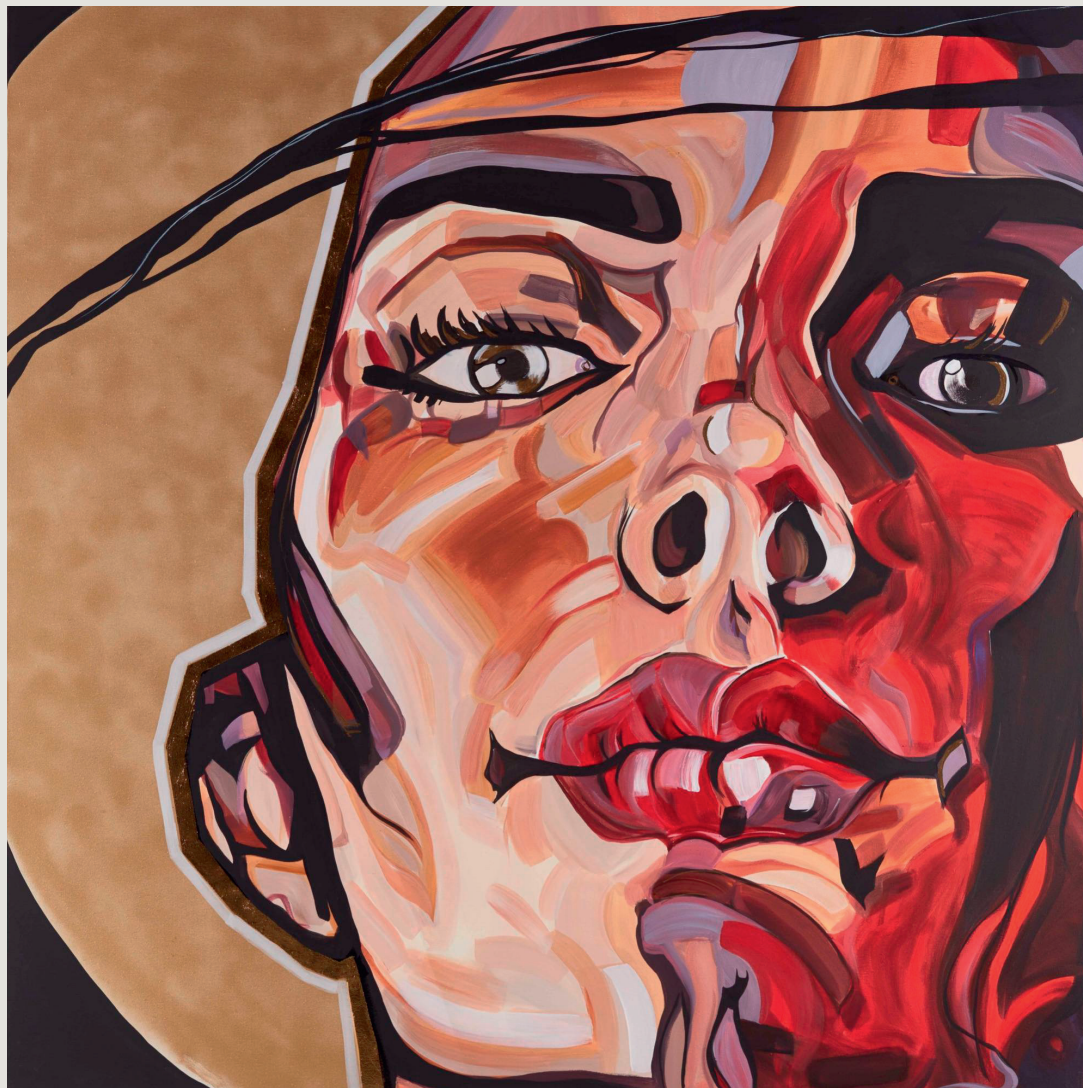


TECHNIQUE: ACRYLIC
150X130 CM
2021

THE SUN

MIKA SAV

TECHNIQUE: ACRYLIC
150X150 CM
2021



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Featured in:
MIKA IN
FORBES MAGAZINE

Forbes

MIKA IN
GRAZIA MAGAZINE

GRAZIA

LISTEN TO MIKA'S
INTERVIEW IN
DARIK RADIO

DARIK

LISTEN TO AN
INTERVIEW FOR
MIKA'S AWARD

24 yaca

Available on:

 **SAATCHI ART**

expat
global art



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